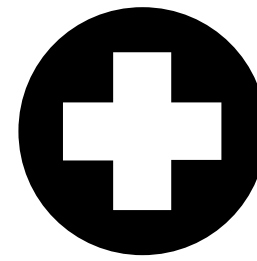


LFP GUIDE TO EVALUATING HEALTH INFORMATION



ACCURACY

- How recently was the site updated?
- Does the article make sensational claims?
- Can you find other independent sources to verify the information?

PRIVACY

- What information are they collecting about visitors?
- What are they doing with the information they collect?
- Can you choose to disable tracking?

BIAS

- Who wrote the article?
- Who owns the site?
- What ads are on the website? What are they selling?
- Are they earning commissions by linking to products?

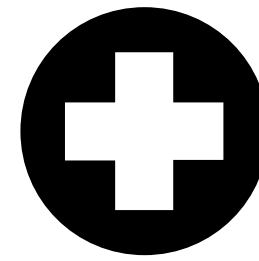


libraryfreedom.org



info@libraryfreedom.org

LFP HIERARCHY OF TRUSTWORTHY HEALTH INFORMATION



GREAT



Peer-Reviewed Research

Information from Hospitals or Medical Institutions

Consumer Health Sites

GOOD

Mainstream News

Social Media

Lifestyle & Celebrity Blogs

POOR

Apps



libraryfreedom.org



info@libraryfreedom.org